The Cathedral School of St. John the Divine
After School Program Guidelines and
Class Catalogue
Spring 2020

Monday, January 27 - Wednesday, June 10, 2020

Monika Olszer Jasinska
After School Director
afterschool@cathedralnyc.org
646-423-5519 (after 2 p.m., school days only)

Jessica Orsini
Assistant to After School Director
jorsini@cathedralnyc.org
212-316-7598
Cathedral After School Program Guidelines

General Information
The Spring term of the After School Program runs from Monday, January 27 to Wednesday, June 10, 2020. Classes are held on regular full school days. Classes are NOT held on days with noon dismissal or on school holidays. Class fees vary depending on the number of class sessions, vendor costs and materials involved. Unless otherwise noted, all classes meet once a week, from 3:30-5:00 p.m.

Registration
Registration for After School classes is available online. Most classes require a minimum enrollment of five students to run and availability of a course depends on sufficient enrollment.
Please follow the link on our website, www.cathedranyc.org to register. There is a non-refundable one time registration fee of $30 per semester. You will be billed by the Business Office for the tuition after the start of the term.
Enrollment is limited and classes are filled on a first-enrolled basis. Registration cannot be accepted without payment of the registration fee. Children are automatically enrolled in their chosen classes unless parents are otherwise notified by email. Please note that registration cannot be accepted from families owing tuition or fees from other terms or programs.

Financial Aid
- After School Program classes will be eligible for a 20% financial aid discount. Aid will be provided for one class per semester. We regret that financial aid is not available for private music instruction, homework help, or extended day.
- To be eligible for aid, the family must have been awarded a financial aid discount for general tuition. Only the application submitted for general tuition aid is required. A separate TADS application for the ASP is not required. In addition, there must be no past due student billing invoices and the account must be current.

Please contact the Business Office with questions and for more information.

Refunds
Except for the non-refundable registration fee of $30, course fees are fully refundable until the second class. You will be billed for the classes by the Business Office. Payment may be made by check or by credit card. We regret that, because of vendor commitments, there can be no refunds after the second class.
There are no refunds for snow days or other emergency closures.

Attendance
To ensure your child’s safety, please notify the After School Program director by email (afterschool@cathedranyc.org) if he or she will not be attending the after school class for which they are registered. Attendance is taken every day during snack time.

Snack
A snack and beverage are provided as part of the After School Program. Please note that because of allergies and other health concerns **NO** outside snacks or treats are permitted. Please help us ensure the safety of all children by **NOT** sending your child with a snack from home.

**After School Dismissal**

Unless otherwise indicated, After School class dismissal takes place at 5 p.m. from the Porch. In the event of inclement weather, dismissal is in the Dining Room.

Any changes in pick-up must be stated in writing to the After School Director. If you wish to pick your child up by car, you must notify the After School Director in advance.

Children must be picked up from the Porch within 15 minutes of the end of class or they will be automatically enrolled in the extended day option and you will be billed accordingly. Please help ensure everyone’s safety by adhering to the School’s dismissal policies.

**Extended Day: 5:00 - 6:00 p.m.**

During Extended Day, children may read, do homework or play games. The fee is $25 for any part of the hour. Please note: if you are late when picking up your child after Extended Day, a fee of $1.00 per minute will be charged after 6:00 p.m.
SPRING 2020 AFTER SCHOOL SEMESTER – January 27 - June 10, 2020
Daily: Homework Help (K-4; 3:30-5:00); Extended Day (K-8; 5:00-6:00) Available on a drop-in basis—register by emailing afterschool@cathedralnyc.org

Monday
Ceramics Grades 1-8
DJ Remix Sessions Grades 2-6
Drawing, Painting, and Ceramic Sculpture Grades K-2
Ice Skating Grades 1-4
Musical Theater Builders Grades 2-5
Young Inventors Grades K-3
Private Guitar Instruction

Tuesday
Acro-Yoga Grades K-4
Cathedral Chefs Grades 1-5
Engineering a Metropolis Grades 2-4
Mind Masters Grades 2-3
Mohr’s Explorers Grades K-4
Private Guitar, Piano or Violin Instruction

Wednesday
Jewelry Making Grades K-4
Karate I Grades K-2
Minecraft and Coding Fun Grades 2-5
Tumbleweed Gymnastics Grades K-3
Private Guitar Instruction

Thursday
Baseball Grades K-4
Budding Ballerinas & Toe Tappers Grades K-2
Chess Grades K-4
Sew Happy Grades 2-5
Private Drumming Instruction

Friday
Art-n-Orbit Grades K-2
Circus Arts Grades 2-5
Flag Football Grades 3-6
Karate II Grades 3-8
Rock Climbing Grades 5-8
Sports Fun Grades K-2
STEAM Camp Fun Grades K-3
**MONDAY**

**CERAMICS**
*With Cathedral School's art teacher, Mr. Delacey*
(Grades 1-8, $800)
In this very popular and hands-on class, students will create exciting and unique independent projects using various tools, methods and pottery techniques. Projects include whimsical sculptures and functional objects. Make room in your homes to display these fabulous creations! *Please note: Maximum enrollment for this class is 12 students.*

**DJ REMIX SESSIONS**
*With Noise212 Labs*
(Grades 2-6, $640)
Do you love music? Explore, discover, and create new music using the latest DJ technology used by top artists you admire. Students will collaborate and tinker with the different features on a DJ controller to create unique song mixes of popular songs. They will develop a deep understanding of beat-matching and foundational DJ transition styles over the course of the semester, culminating in a live DJ student showcase and remix recordings they can take home.

**FROM 2D TO 3D - DRAWING, PAINTING, AND CERAMIC SCULPTURE** – *New art class!*
*With our own Ms. Valentine*
(Grades K-2, $800)
This class is devoted to creating works on paper and then exploring the same topic in three-dimensions with clay. We will look at portraiture, landscapes and examples from art history as students learn techniques and experiment with the creative possibilities of each medium.

**ICE SKATING**
*With Corbin’s Crusaders*
(Grades 1-4, $1,450)
Cool down at Chelsea Piers Sky Rink for a multi-tiered skating program. Corbin’s Crusaders Skating staff will help get on the gear and give group lessons. Once on the ice, children are grouped together based on ability and comfort. Instructors emphasize safety, proper technique, balance, turning, stopping and much more. Have a blast on the ice each week while you improve and gain confidence on the ice! Bring your own skates or rent for the season through Corbin’s for $150 for the season. Helmets are provided by the rink at no additional cost. *Please note special dismissal information: Children are brought home between 40th-112th Streets east or west side.*

**MUSICAL THEATER BUILDERS**
*With Madeline Bender and Creative Stage*
(Grades 2-5, $800)
In this popular class, students experience the process of creating a unique musical show! A conservatory trained instructor guides students through a series of improvisational games to develop characters. A script is written and new lyrics are created and set to famous opera, symphonic, and Broadway hit tunes. Kids rehearse and perform their hilarious, original production for family and friends. Kids gain confidence, sharpen their imagination, sing, dance, and learn to collaborate with others, all while growing their vocabulary, and knowledge of great works of music.

**YOUNG INVENTORS**

*With Dazzling Discoveries*

(Grade K-3, $725)

Think it, design it, build it with the team from Dazzling Discoveries. Kids become inventors as they explore and create using a wide variety of "maker space" type materials. Learn planning, design and engineering skills while making your own games, toys and inventions. Using STEM principles of science, engineering, technology and math, kids will make and take home their special projects. *All materials provided. Some projects may take more than one week to complete.*
TUESDAY

ACRO-YOGA – Yoga is Back!
With Ingrid Kullberg-Bendz
(Grades K-4, $680)
Join Ms. Ingrid in a relaxing and fun yoga class with your friends! You’ll learn how to twist into a pretzel, flutter like a butterfly, balance in boat pose, stretch like a dog and fly like an eagle. We practice developing body awareness and focus, witnessing the power of positive thinking, and refining our motor skills through movement, games, laughter and relaxing meditation. We also practice challenging acrobatic poses and partner work, using principles that include courage, trust, connection, collaboration and deep listening. Students should bring mats and appropriately loose and comfortable clothing to be ready to move on the first day! Please inform the instructor of any special needs your child might have.

CATHEDRAL CHEFS
With Chef Michelle Whittle
(Grades 1-5, $850)
In this super popular hands on class, create delicious snacks, main dishes, and more with Cathedral’s own Chef Whittle. Children will make fun and healthy dishes to share and enjoy at home! At the end of the term, the children will produce a cookbook incorporating all the things they have made and learned in the class. Each term of this delicious class introduces new recipes. Bring your enthusiasm and your appetite! Please note: Maximum enrollment for this class is 12 students. Please advise us of any allergies or diet limitations.

ENGINEERING A METROPOLIS – New class!
(Grades 2-4, $850)
With Launch staff
Help us discover the inner urban planner in your child as we engineer a metropolis! Over the course of the class, kids explore what it takes to create a metropolitan area with the goal of developing skills to design their own city of choice. From street layouts and building placement to power source identification, kids learn about the challenges that architects, engineers, and urban designers face when building cities from scratch. How will we light our street lamps? Let’s learn about hydroelectric power and build a working model of a dam out of clay! How will we cross the rivers that surround our island city? Let’s use popsicle sticks and glue to simulate bridges that traverse these wide spans. By the end of the class, kids use teamwork combined with the knowledge they’ve gained to design their own simulated city!

MIND MASTERS
With Hex & Company Staff
(Grades 2 - 3, $680)
Stretch your mind and strategic thinking in this fun class! Students are introduced to a wide range of game genres from ancient strategy to modern board games. Throughout the program players will explore deeper strategy elements and multidimensional thinking. Participants will also focus on issues of how to think about novel problems
presented by the games and ‘good sportsmanship,’ all while simultaneously trying to outwit and out strategize their opponents. *Games may include: 7 Wonders, Carcassone, Settlers of Catan, Scrabble, Boggle, Sushi Go!, Splendor, Dragonwood, Machi Koro, Ticket to Ride, Small World.*

**MOHR’S EXPLORERS**  
*With Mike Mohr and Explorers staff*  
(Grades K-4, $850)

Gear up for weekly EDventures in Central Park! Possibilities include sledding, snow sculptures, an Explorers-only style of “fishing” (conditions permitting) and an original variety of awesome outdoor games & activities! The potential for snow = a memorable season in this challenging, FUN program that builds confidence while encouraging teamwork, creativity and open-ended education. In the spring, expect exciting activities such as shelter building, bird tracking and a wilderness obstacle course. *We will be outdoors; please be prepared for all types of weather and visit [www.mohrs-explorers.com](http://www.mohrs-explorers.com) for further information. Please note that dismissal is at 5:15 p.m.*
**WEDNESDAY**

**JEWELRY MAKING AND BEADED CRAFTS**  
*With Sandra Hatem, jewelry designer*  
(Grades K-4, $900)  
Join Ms. Sandy and relax after school creating your own jewelry, beaded crafts and puppet ensemble in this popular and fun class. Design necklaces, pendants and bracelets using specially selected materials such as pearls, glass beads, crystals and buttons. Using hand beaded strands and fun shaped cutouts, create your own room decorations and design your own puppet ensemble including a sock puppet, with coordinated felt fabric outfits. Enjoy friendly role play and imaginative interaction with fellow classmates...see what a table filled with rolls of tulle ribbon, tape, markers, crayons and shape cutters can do to stimulate imagination! *New creative projects every term with universal appeal to girls and boys. All materials provided.*

**KARATE I**  
*With Shihan David Sheeger*  
(Recommended grades K-2, $810 + additional costs: see below)  
Join Shihan Martial Arts for a unique martial arts program especially tailored for kids. This innovative and dynamic program will help your child develop concentration, focus and discipline while also promoting physical development, fitness, strength, balance and coordination, all in a safe and fun environment. Shihan David Sheeger, master instructor of Shihan Martial Arts, is a fifth degree black belt in karate and third degree black belt in ju jitsu, with over 30 years of martial arts experience. *There are additional, separate costs for karate uniforms and pads ($75), and for the end-of-year (June) Promotion Test ($80)*

**MINECRAFT AND CODING FUN – New curriculum!**  
*With Ms. Herz*  
(Grades 2-5, $810)  
In this fun and engaging class, learn the skills you need to make the games you love more fun! An introductory coding course based on the popular sandbox video game Minecraft. Use fundamental Java programming skills (like loops, booleans, and methods) to create your own tools, creatures and environments via code modification. We’ll be starting with the basics, so all experience levels are welcome. Let’s go from 2D to 3D together!”

**TUMBLEWEEDS GYMNASTICS**  
*With Rollamerica coaches*  
(Grades K-3, $720)  
In this popular gymnastics class your beginner gymnast will learn the basics of gymnastics in a fun, fast-paced environment, utilizing a variety of mats, balance beam, single bar, and springboard. We’ll also focus on rhythmic gymnastics and coordinated movements, with the overall goal of teaching body control, flexibility, power, and grace. A gymnastics showcase will be presented at the last class for family and invited guests. *Students should wear comfortable clothing to be ready to move on the first day! Please inform the instructor of any special needs your child might have.*
THURSDAY

BASEBALL – Baseball is back!
With the Bulldog Ball Club
(Grades K-4)
Our favorite baseball class is BACK! Learn age-appropriate fundamental baseball skills and basic game concepts. Through group work, small games, and inter-team play, children learn the foundations of baseball and are introduced to the value of sportsmanship and teamwork. Physical skills, rules, and concepts are appropriately covered in fun and collaborative games. Girls are encouraged to enroll! Please note: This class takes place at off-site and outdoor locations. Children will be chaperoned to all off-site facilities. Please be sure to dress appropriately for the weather. Please note: Minimum enrollment for this class is 8 students.

BUDDING BALLERINAS: SWAN LAKE and TOE TAPPERS COMBO
— Dance is back!
With DramaZone®
(Grades K-2, $640)
Glide with the beautiful Princess Odette on an enchanted lake to the timeless music of Tchaikovsky. Young dancers become graceful swans in an effort to meet Prince Siegfried. This class develops grace, flexibility, strength, and coordination as well as rhythm and style. Then, get your tap shoes ready for some Toe Tapping Fun! Dancers learn Broadway style basics like shuffle, scuff, and flap. We incorporate studio beginner exercises to give new dancers a foundation designed to foster a love of dance. This class ends with a recital at the Lower School Assembly and for the last class. Class attire: Pink Leather Ballet Slippers and tap shoes required, White Leotard with White Tutu, highly recommended, No tights. (Suggested attire: in PINK, Shoes: https://www.capezio.com/daisy-child; White Leotard and White Tutu Attached. Suggested, in WHITE https://www.discountdance.com/dancewear/style_PB2020C.html?skey=White-tutu-child&SID=1403775136&search=true&SortOrder=R Tap Shoes BLACK suggested but any color allowed. Style recommended: https://www.capezio.com/jr-tyette-child (An alternative, taps may be put onto a child’s hard soled shoe at a shoemaker.)

CHESS!
With Nicholas Chatzilias
(Grades K-4, $670)
Beginners and experienced chess players alike will enjoy thinking strategically and rising to new challenges in this class. Students who are new to the game will learn all the rules for a legal game of chess, and will be introduced to tactics such as the pin, fork, and skewer, as well as basic checkmating patterns. Experienced players will learn advanced checkmating patterns, tactics, and opening principles. Students will learn from the best
by studying the games of famous chess masters, such as World Champion Magnus Carlsen, and American greats Paul Morphy and Bobby Fischer. Each semester will culminate with an in-class chess tournament, complete with prizes and trophies, through which students will be able to put into practice all they have learned. Please note: Maximum enrollment for this class is 12 students.

**SEW HAPPY – New class!**
*With Sew Happy Staff*
(Grades 2-5, $680)
Join Sew Happy and learn the life skill of sewing while working on the Hedgehog House. Students will construct an adorable square basket which is decorated with trees and woodland flora and fauna on the outside but becomes the cozy home of a hedgehog family on the inside, complete with a hedgehog stuffie. A decorative carrying handle makes the project transportable. Kids in grades 1 thru' 5 will learn how to thread a needle, tie a knot, pin, and stitch with our trained instructors. Beginners are welcome at this class and experienced sewers will love working on a new project!
FRIDAY

ART-N-ORBIT: Inventions-n-Concoctions
With Art-n-Orbit
(Grades K-2, $630)
Art-n-Orbit is a unique art and science program that focuses on children's creative spirit while they learn the fundamentals of art and science. We explode our own volcanoes, create spinning spacecraft that zoom across the floor, conduct fun science experiments, and much more. Our hands-on classes are both engaging and educational for boys and girls. Each week your children leave with their own tailor-made project that is a source of accomplishment and enjoyment. Many of our projects are created from fun recycled materials. Everyone leaves an inventor! New projects are featured each semester.

CIRCUS ARTS
With T-Dog and other Circus U artists
(Grade 2-5, $730)
Do you love the circus? Then this popular and fun class is for you! This Circus U class offers young people a unique opportunity to develop life-enhancing skills such as teamwork, trust, commitment, and responsible risk taking through a structured program of learning and performing circus arts. This playful program brings boys and girls together in a noncompetitive exploration of athleticism and creativity as only circus can! A fantastic show for the whole school will complete the students' work. Please wear clothing and shoes that will allow you to move comfortably.

FLAG FOOTBALL
With Corbin's Crusaders
(Grades 3-6, $730)
Start the weekend with this fast-paced and coordination-enhancing class! Encouraging players to "think like a team," flag football offers much to young athletes beyond getting better at the game itself. Skills such as catching, passing, route running, defense and teamwork are all highlighted. No equipment needed, hustle required! Please dress appropriately and wear athletic shoes.

INDOOR ROCK CLIMBING
With Mr. Jacoff and other Cathedral instructors
(Grades 5-8, $870)
Join this super popular class which will take place at a state of the art climbing center just minutes from Cathedral! Our focus will be on bouldering, a type of low height climbing that does not require ropes. Any and all skill levels may participate! During this class, students will receive training on climbing safety, teamwork and communication, and bouldering movement technique. Please note: Limited to 12 students. Dismissal at 5 p.m. is from the climbing center.

KARATE II
**With Shihan David Sheeger**
(Recommended grades 3-8, $630 + additional costs: see below)
Shihan Martial Arts is a unique martial arts program especially tailored for kids. In this innovative and dynamic program students will develop concentration, focus and discipline. It also promotes physical development, fitness, strength, balance and coordination, all in a safe and fun environment. Shihan David Sheeger, master instructor of Shihan Martial Arts, is a fifth degree black belt in karate and third degree black belt in ju jitsu, with over 30 years of martial arts experience. *There are additional, separate costs for karate uniforms and pads ($75), and for the end-of-year (June) Promotion Test ($80)*

**SPORTS FUN!**
*With Ms. Cui*
(Grades K-2, $560)
In this ever popular “playdate” class with our own Ms. Cui join your friends in having fun with sports, exercise, and playing fun games! This class will include a variety of sports such as basketball, soccer, and team handball. Students will utilize skills learned in P.E. classes and incorporate them into more competitive games and activities. The class will focus on sportsmanship, game conditioning, strategies, and play. *Please wear athletic shoes for this class.*

**STEAM Camp Fun – NEW CLASS!**
*With Cathedral’s own Mr. Demianiuk*
(Grades K-3, $700)
Join Mr. Demianiuk for a semester-long exploration of STEAM Camp fun! This class will be based on student’s interests and could include edible science experiments, Lego building, engineering and building, or coding with the Dash and Dot robots. Each session will open with some mindful experience, such as walking, drawing, yoga, breathwork, and more. Sign up for summer camp fun during the school year!
DAILY OFFERINGS

**Homework Help (Grades K-4)**
Offered daily on a drop-in basis, or by semester as needed. $40 per session. No pre-registration required. Please email when needed.

**Extended Day**
5:00-6:00
Supervised free time/homework assistance. $25 per session. No pre-registration required. Please email when needed.

**Private Music Lessons: Rock/Jazz Guitar, Classical Guitar, Piano, Violin and Drumming**

Forty-five minute private lessons: $75; thirty minute private lessons: $60.

Lessons are offered, variously, on Mondays, Tuesdays, Wednesdays and Thursdays; depending on demand and instructor availability, additional days may be added. Due to timing and room restrictions, registration for private music lessons is very limited. Preference is given to students already studying. Please email afterschool@cathedralnyc.org regarding possible openings and/or to be placed on the wait list!

**Classical Guitar with Oren Fader:** Classical and electric guitarist Oren Fader (www.orenfader.com) has over 30 years of experience playing professionally in NYC and has been on the guitar faculty of the Manhattan School of Music since 1994. (Tuesdays and Wednesdays).

**Beginning Guitar: Folk, Rock, Singer-Song Writing with Lee Welch:** Learn to play the guitar, sing and accompany yourself and others, on your favorite folk, rock/blues and pop songs! Become your own singer-songwriter if that’s your style. These are guitar lessons for all levels including beginners. Learn to read music and to improvise lead guitar solos in a fun, low pressure approach to becoming a complete guitarist. (Mondays)

**Piano with Jeffrey Collazo:** Begin your study or practice your skills with Cathedral’s own music teacher. (Tuesdays)

**Violin with Melanie Baker:** Practice what you learn in violin class with Ms. Baker and hone your technique while adding new pieces to your repertoire. (Tuesdays)

**Drumming with Al Mannarino:** Have a fun afternoon learning drum techniques and playing in various styles with a veteran teacher and professional drummer/percussionist. (Thursdays)